



“SELVAGGIO BLU HIKE”

*Trekking and sailing
in Sardinia*



**DISCOVER THE
AUTHENTIC SARDINIA**

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in Sardinia*

DIFFICULTÉ					
	In the boat	4 to 5 h a day	2 to 3 h a day	April to june Sept. to nov.	6 registered

A week around the mythical “Selvaggio blu” (literally wild blue trek). A route between the sea and the wild coast of Baunei supramonte in the heart of Ogliastra, a wild region where where a strong island culture is found.

Experience this magnificent coastline with a daily 4 to 5 hours hike before spending the afternoon relaxing on your boat.

Walk, swim, sail (and learn to sail); a superb way to explore and experience the beauty of Sardinia. Every night will be spent sleeping comfortably in your catamaran in the middle of a small creek.



HIGHLIGHTS

- A trip in the middle of turquoise waters to discover breathtaking landscapes.
- A car-free circuit in contact with nature.
- Alternate hikes and catamaran sailing.
- The discovery of small coves and exceptional beaches.
- Group boat evenings to rest from the day.



YOUR PROGRAM



DAY 1 - Saturday Arrival and welcome

Arrive at Cagliari airport (Elmas), the capital of the region, located in the south of Sardinia.

Transfer from the airport to the Ogliastra region (1h30) located in the east of the island, and arrive in the port of Santa Maria Navarrese.

After a welcome drink on the boat, we take advantage of the late afternoon to prepare the boat trip (food purchases for example). Possibility to discover this small village. Dinner on the boat and presentation of the holiday. Overnight at the port of Santa Maria Navarrese.



DAY 2 - Sunday From Santa Maria Navarrese to Cala Fenile

Upon awakening, we eat breakfast on the boat before sailing the first leg towards Pedra Longa. The boat follows the coast and we discover the small island of Isolotto, a nature reserve.

Once we arrive in Pedra Longa, we start with a hike that follows the coast. Once at Cala Fenile beach, lunch is taken on the boat or on the beach. The afternoon is spent relaxing on the cataraman whilst we sail. The evening is spent in one of the stunning coves in the region.



3h - 3h30



2 - 3h



200 m



YOUR PROGRAM



DAY 3 - Monday From Porto Cuau to Porto Pedrosu

After an hour by boat, we disembark on the small beach of Porto Cuau, a beautiful little cove difficult to reach as its name suggests, "Cuau" meaning hidden. The beach is known to contain the remains of a ship that sank in 1963, which can still be seen underwater. Excursion to Capo Monte Santo. From the top, we overlook the coastline, enjoying a superb view. We make our way to another cove in Porto Pedrosu.

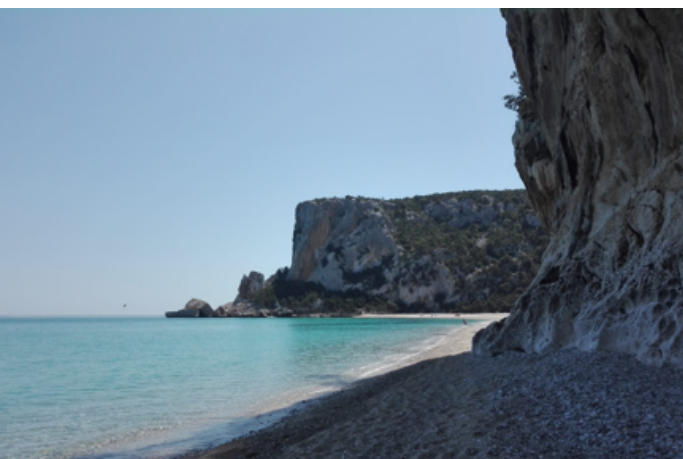
 | 2h |  | 3h - 3h30 |  | 200 m



DAY 4 - Tuesday From Cala Goloritze at Punta Salinas

We take advantage of the morning to discover the freshwater springs that, like geysers, spring from the sea. We are also exploring the beautiful seabed with multicolored fish. We leave for another beautiful hike in full maquis with a view of creeks and steep cliffs. Finally we visit a small sheepfold, an "ovile".

 | 1-2h |  | 5-6h |  | 450 m



DAY 5 - Wednesday From Cala Sisine to Cala Luna

After a climb, the hike is very pleasant and offers an exceptional panorama on the sea and a perspective on the rocky coast of Capo Monte Santo. We also see the famous "arco di roccia s'arrcada de s'archiddu lupiru", an impressive rock facing the horizon. Photos can be taken to capture this landmark. We arrive on a beautiful beach.

 | 1h |  | 5-6h |  | 600 m



DAY 6 - Thursday

From Cala Luna to Cala Fuili

Hiking along the heights, we arrive in the late morning on the beautiful small beach of Caletta Fuili. We have lunch on board to allow us to return in the afternoon by boat and have the opportunity to see the entire route of our tour from the sea. We take this opportunity to observe this magnificent coast. We explore many small coves of great beauty and caves with purple colours. We arrive in Santa Maria Navarrese in the late afternoon.

 | 3 - 4h  | 3 - 4h  | 200 m



DAY 7 - Friday

Shore excursion

We are invited to leave Santa Maria Navarrese for an excursion in the Supramonte to Orgosolo, a famous Sardinian village with a life illustrated in its “murals” (Sardinian street art). We take this opportunity to discover life in the sheepfolds in the middle of a mountainous, unspoilt wilderness. Walk with Sardinian donkeys and possible sightings of wild bighorn sheep that go down into the valley to drink. We participate in the shepherd’s tasks: making cheese, milking goats and having lunch in his refuge, “ovile”. This is an optional excursion (45€ per person to be paid on site), people who want to stay on the boat or go to the beach can do just that.

 | 4h  | 400 m



DAY 8 - Saturday

Departure

Minibus transfer to Cagliari airport.



THE BOAT

It is a catamaran almost 14 meters long and 7.70 meters wide.
Includes 4 double cabins, each with a bathroom (private shower and toilet).
It suitable for a group of 8 people.

- Catamaran LAGGON 440 : for stays from April to June.
To discover the boat in more detail:
<https://www.youtube.com/watch?v=0dr2IMMTtak>
- Catamaran LAGGON 42 : new boat delivered in summer 2019, for stays of September to November.
To discover the boat in more detail: <https://www.cata-lagoon.com/fr/42>



TARIFS

Price from 1280 € per person.

Departure from 6 registered minimum.

The stay is proposed for 8 people. The extra cost is 300 € / person if only 6 people participate and 150 € / person for 7 people. Single room supplement : 900 € per person.

INCLUDED

- Transfer from/to Cagliari airport
- Accommodation on the boat
- The skipper
- The guide (English-speaking) for hikes
- Fins, masks, snorkels and sea kayaks
- The fuel
- Towels, bed linen



NOT INCLUDED

- Drinks for the week.
- The galley/caboose: count 140 € for the week per person for all meals.
- The excursion is possible by electric bike, with Sardinian donkeys and shepherds to discover cheese making and milking goats with a lunch in full Supramonte.
Count 55 € approximately / person.
- The dinner of the 7th day allowing a possible meal on the port.



DATES

As requested, from April to June and from November to December.



NOTES

The proposed itinerary can be modified on demand to better adapt to your needs and desires. It is also likely to be modified according to the navigation.

For example, it is quite possible to stop during the week to make a day of bathing. It is possible to sleep in a port if necessary.

People participate in the management of meals taken together (preparation, dishes, etc.) on foot and by sailing boat THE “SELVAGGIO BLU”.



OUR APPROACH

- The choice of a port, Santa Maria Navarrese certified “Blue Flag”.
- A “5 Vele” territory awarded by the Italian Touring Club for the quality of its offer tourism, the respectful management of the territory, the safeguarding of the landscape and the offer gastronomic excellence.
- Handmade products provided throughout the stay, purchased locally.
- An environmental approach: the boat is certified “Blue Flag”.





SARDAIGNE

en liberté